



The Town of

Beaumont

Council Policy SER-16-01

Aqua-Fit Centre Third Party External Personal Fitness Trainers/Coaches Policy

Approved by Council Resolution #16/05/27

On the 24th day of May, 2016

PURPOSE

This Policy guides and manages the impacts of personal training at the Town of Beaumont Aqua-Fit Centre that encourages increased participation in physical activity, while maintaining equitable access and the quality of programs and the Facility.

POLICY STATEMENT

The Town allows Third Party External Personal Fitness Trainers/Coaches to accompany their clients into the Aqua-Fit Centre for training purposes. The Trainers/Coaches are required to follow an application and operating process aligning with the Facility Policies and Procedures and the Facility Rules and Regulations.

SCOPE

This Policy applies to all external individuals and business requesting to use the Town of Beaumont Aqua-Fit Centre to conduct personal fitness training activities for commercial gain.

DEFINITIONS

- **Facility** refers to the Town of Beaumont Aqua-Fit Centre.
- **Supervisor** refers to the Supervisor, Aqua-Fit Centre or designate.
- **Trainer/Coach** refers to a person who conducts external personal fitness training activities for a client(s) for commercial gain.
- **Town** refers to the Town of Beaumont.

OBJECTIVES

Through implementation of this Policy, the Town aims to:

- Promote an active and healthy community.
- Provide a balanced use of the Facility for both Community Members and Trainers/Coaches.
- Ensure Trainers/Coaches are appropriately accredited and insured.
- Ensure the personal fitness training activities conducted in the Facility is orderly in nature and limit the impact that training has on its Facility condition and maintenance.

Approval History

Approval Date: May 24, 2016
Reviewed: Annually
Last Review Date:

Inquiries/Contact Person

Supervisor, Aqua-Fit Centre



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POLICY

Background

It is becoming increasingly common for commercial businesses to request the use of Town Facilities to conduct activities such as personal training. While the Town is committed to providing physical activity and recreation opportunities to the local community and sees great benefit in these types of activities, it is also important to allow accessibility to Trainers/Coaches and the public wishing to meet their greater fitness needs in the community.

Application/Scope:

- The Trainer/Coach will adhere to this Policy in External Personal Fitness Training operating practices in conjunction with other established Town policies.
- The Third Party External Personal Fitness Trainer/Coach will follow a registration and operating process that includes:
 1. A Registration Form for External Personal Fitness Training must be submitted to the Supervisor, Aqua-Fit Centre.
 2. Upon approval, the Trainer/Coach is required to pay the Annual or the Hourly Personal Fitness Trainer fee outlined in the Town of Beaumont Approved Fees and Charges Bylaw.
 3. The Third Party External Personal Fitness Trainer/Coach, if a business, must obtain a valid Town of Beaumont business license at their own expense and provide a copy to the Aqua-Fit Centre to be retained in their file.
 4. Trainer/Coach is required to sign a Facility Use Agreement and attend a mandatory orientation prior to conducting any training in the Facility. Breaching the conditions of the Facility Use Agreement will result in termination of the Agreement.
 5. Each individual Trainer/Coach must apply to operate within the Facility. The Facility Use Agreement does not cover any form of subleasing or subcontracting.
 6. The Trainer/Coach and Client(s) are both required to hold a membership or pay daily admission to use the Facility (Annual Trainer fee includes membership).
 7. Trainer/Coach and Client(s) must follow proper registration procedures if choosing to participate in registered or drop-in facility programs.
 8. Maximum three (3) clients per trainer at one time.
 9. Trainer/Coach is required to wear External Personal Trainer/Coach identification while training in the facility.
 10. The Third Party External Personal Fitness Trainer/Coach is required to provide proof of adequate liability insurance, listing the Town of Beaumont as the “additional insured”.

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11. The Third Party External Personal Fitness Trainer/Coach must provide proof of adequate certification meeting the standards of Canadian and Alberta Professional Bodies. Coach certifications will be handled on the case-to-case basis.
12. Trainer/Coach must refrain from soliciting additional clients or advertising their business in any matter while in the Facility.
13. Any Trainer/Coach found operating business or generating personal revenue in the facility outside the scope of personal training or their certification will cause the termination of their Agreement.

AUTHORITY/RESPONSIBILITY TO IMPLEMENT

- The Aqua-Fit Centre Facility Supervisor is responsible for the review and approval of the Third Party External Personal Fitness Trainer/Coach applications.
- The Fitness Coordinator of the Aqua-Fit Centre is responsible for maintaining Trainer documentation and is the main contact for all communications with Third Party External Personal Fitness Trainers/Coaches.

Mayor

Supervisor, Legislative Services

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