

ADDICTION

**AHS Addictions - Helpline
(Gambling, Alcohol, Drugs)**
1-866-332-2322

Confidential telephone information. Crisis counseling/referrals to treatment program and related services.
www.albertahealthservices.com

**AHS Addictions & Mental Health
Leduc Office**
780-986-2660 1-866-332-2322

Provides support, and prevention resources on alcohol, drugs and gambling addictions.
www.albertahealthservices.com

Al Anon

780-443-6000 1-888-332-6902

Offers a recovery program for individuals affected by family or friends who are problem drinkers. Call for Beaumont Meetings
www.al-anon-edmonton.org

Alcoholics Anonymous (A.A.)

780-424-5900 (24 hours)

Recovery Group: Tuesdays at 7:30pm, Beaumont Community Church basement (5423 - 55 St, south west door); Fridays at 8:30pm, St. Vital Catholic Church Basement (south east parking lot door).
www.edmontonaa.org

Parents Empowering Parents

780-293-0737 Support Line

Support group for individuals or families dealing with or concerned about substance abuse/addiction.
www.pepsociety.ca

BEREAVEMENT

Canadian Mental Health Suicide Bereavement

780-414-6300 780-732-6654

Suicide bereavement support for individuals, families, or group support for anyone who is grieving a loss to suicide.
www.Edmonton.cmha.ca

COMMUNITY INFORMATION & REFERRAL

211 Edmonton Community Service Referral

780-482-4636

Information on health, human services, community resources and government assistance.
www.ab.211.ca

Alberta Supports

1-877-644-9992

Helps you find and apply for family and social support or ask about any Alberta Government program.
www.alberta.ca/alberta-supports

Employment & Financial Supports

780-980-0557

Employment support programs.

www.alberta.ca/alberta-supports.aspx

Service Alberta Call Centre

780-310-0000

Information for the Province of Alberta that will connect you to provincial departments and services.

COUNSELLING SERVICES

Beaumont Counseling Services (FCSS)

780-929-1006

Short term subsidized counseling for individuals, couples or families. Fees based on a sliding scale.
www.beaumont.ab.ca

AHS - Leduc Addiction and Mental Health Services

780-986-2660

Provides mental health assessment and treatment to individuals, experiencing emotional, behavioral or mental health issues. No fee.

Karunia Counselling

587-274-3939

Families, couples and individual therapy

www.karunia.ca

Level Up Leadership Consulting & Psychology

780-908-3182

Children and youth mental health with home-based support.

www.levelupleadershipconsulting.com

Tacit Knowledge: Counselling and Workshop Services

780-803-5501 587-985-8673

One-to-one, couples and family counselling for teens and adults; professional development training sessions for staff/teams; psycho-educational workshops for community members.
www.tacitknows.com

Leduc & District Victim Services

780-980-7232

Provides support, information and referrals to victims of crime and tragedy through staff and trained volunteers.
www.leducvictimservices.ca

CRISIS LINES

**Alberta Health Services
Mental Health Help Line**
1-877-303-2642

Confidential 24 hrs.7 days/week. Access to a registered nurse with mental health expertise who can provide information and resources
www.albertahealthservices.ca

Kid's Help Phone

1-800-668-6868 (24 hrs.)

Kids help line, counselors available for support and referral for children who need help. Telephone or online counseling.
www.kidshelpphone.ca

Sexual Assault Centre of Edmonton

Counselling for adults and children. Public education for schools & community groups. 24 hours Crisis Line for sexual assault victims.
www.sace.ab.ca

780-423-4121 (24 hrs.)

DISABILITIES**Family Support for Children With Disabilities**

Provides services to children with disabilities.

780-644-1636

www.humanservices.alberta.ca/disability-services

Leduc Linx Connect Centre

Service for individuals with disabilities.

780-980-9429

www.linxconnect.ca

Persons With Developmental Disabilities – Edmonton (PDD Edmonton)

PDD provides coordination and access to supports for adults with developmental disabilities.

780-427-4354

www.pdd.org/edmonton

Bridges –FASD (Fetal Alcohol, Spectrum Disorder)

Support program for men and women who have strong indicators, or a diagnosis of Fetal Alcohol Spectrum Disorder.

780-955-4599

Robin Hood Association – Early Intervention Program

Provides a variety of services through the Early Intervention Program to individuals with special needs and/or developmental delays.

780-640-9401 ext. 222

www.robinhoodassoc.com

FAMILY VIOLENCE INFORMATION**Family Violence Information Line**

Provides information about family violence as well as advice and support

780-310-1818

The Today Family Violence Help Centre

Provides support and information for individuals impacted by family violence.

780-455-6880

www.thetodaycentre.ca

Rise Up

Riseup provides counselling, support, education, hope and healing to those impacted by domestic abuse.

780-739-7473

www.riseupsociety.ca

A Safe Place (Strathcona Shelter Ltd.)

24 hours per day, 7 days per week. The shelter is for women and children who are in crisis.

780-464-7233 1-877-252-7233

www.asafeplace.ca

Camrose Women's Shelter

Women's Shelter assists individuals and families experiencing the effects of family violence to work towards a lifestyle free of abuse

1-877-672-1010

www.Camrosewomenshelter.org

FINANCIAL ASSISTANCE**Alberta Works (Alberta Human Services)**

Income Support Benefits and Employment Support Program.

780-980-0557 After hrs.780-644-5135

www.employment.alberta.ca

Child Tax Benefit

Provides a full range of information on the Canada Child Tax Benefit.

1-800-387-1193

www.cra-arc.gc.ca

Maintenance Enforcement Program

Enforces maintenance orders for child support and spousal support. To give anonymous tips about a debtor call 780-401-TIPS.

780-422-5555

www.justice.alberta.ca/mep

Money Mentors

Financial information and services; personal money coaching, debt solutions, on-line and group seminars.

1-888-294-0076

www.moneymentors.ca

Service Canada

Offers access to a wide range of Government of Canada programs: EI, OAS and CPP

1-800-622-6232

www.servicecanada.gc.ca

HOUSING/FOOD/CLOTHING**Beaumont/Nisku Christmas Elves**

Provides Christmas hampers (food & gifts) to families in need. Intakes: (Self-referral) Beaumont FCSS @ 780-929-1006

www.bnchristmaselves.com

Community Threads

Providing free clothes to those who need. Every 3rd Thursday of the month. Contact Beaumont Community Church.

780-929-6444

www.beaumontcommunitychurch.ca

Leduc and District Food Bank

Emergency food hampers provided to individuals and families in need. Hours: Mon. Wed. Fri. 9 - 12 noon, 1:00 - 4:00 p.m.

780-986-5333

www.leducfoodbank.ca

Leduc Regional Housing Foundation	Provides affordable housing services to seniors, individuals and families of modest means. www.leducregionalhousing.ca
780-986-2814	
LEGAL/JUSTICE	
Lawyer Referral - Law Society of Alberta	Free service to help find a lawyer
1-800-661-1095	www.lawsociety.ab.ca
Legal Aid Alberta	Provides a range of legal services to low-income Albertans in a number of areas of law including family, criminal, and civil. www.legalaid.ab.ca
1-800-845-3425	
Edmonton Community Legal Centre	Provides legal information and advice for low to moderate income individuals. www.eclc.ca
780-702-1725	
MEDICAL & HEALTH SERVICES	
Alberta Health Services Beaumont Public Health Centre	Immunizations, New Mom's Network classes, Speech Services, Health for Two Program. www.albertahealthservices.ca
780-929-4822	
Momentum Walk-in Counseling Society	Mental Health Triage, single session approach to counseling.
780-757-0900	
Alberta Health Services - Home Care	Short-term services for individuals on discharge from hospital & long-term services available for seniors & persons with disabilities. www.albertahealthservices.ca
780-496-1300 780-980-4655	
Health Link Alberta	Health advice and information 24 hours a day from registered nurses. www.myhealth.alberta.ca
811 780-408-LINK	
Leduc/Beaumont/Devon Primary Care Network	Providing coordinated health services and evening medical appointments in Beaumont. Located at Stewart Medical Clinic.
780-986-6624	
Rutherford Children's Mental Health Clinic	Children and youth with mental health concerns can access mental health counselors/psychiatrists
780-342-2701 (Central Intake)	
Terra-Centre for Teen Parents	Helping pregnant and parenting teens to develop self-reliance and skills to be successful parents. Available to teen moms up to age 19. www.terracecentre.ca
780-428-3772	
SENIORS	
Alberta Health Seniors Services/Continuing Care	Information services and financial support for eligible seniors through a variety of programs, including Alberta Seniors Benefits. www.health.alberta.ca
780-644-9992 1-877-644-9992	
Cycling Without Age	Improve the lives of the elderly in Beaumont by promoting intergenerational relationships/connections within the community. www.cyclingwithoutage.ca/beaumont/
780-288-6068	
Outreach Home Support Services	Light housekeeping services for the elderly and disabled. Subsidies available (income tested). www.beaumont.ab.ca
780-929-1006	
Seniors Abuse Help Line	Provides confidential and anonymous support and info. 24 hrs. a day to seniors and/or their caretakers concerned about seniors' abuse. www.Albertaelderabuse.ca
780-454-8888	
Seniors Health Line	24 hour information and support line for seniors.
811 780-408-LINK	
St. Vital Seniors Club	Morning coffee, monthly music jam, pool, floor curling, bridge, bingo, cribbage, canasta, computer club, quilting, senior bus. www.beaumontseniors.net
587-988-9598	

SERVICES FOR CHILDREN/FAMILIES

Beaumont Indoor Playground	Program for children 0-5 years providing an open play area with a variety of toys and activities. Tuesdays and Fridays 0930-1130.
780-901-3146	
Child Abuse Hotline	24 hours. If you are aware of a child who is a victim of abuse or neglect, call the above number.
1-800-387- KIDS (5437)	
Child Care Subsidy Office	Information on Child Care and Stay-at-Home Parent subsidy program.
1-877-644-9992	www.humanservices.alberta.ca/finicialsupport
Edmonton & Area Children's Services	Family support and child intervention services, foster care, kinship care, adoption services, and Services for Children with Disabilities.
780-986-7869 780-427-3390 (after hours)	HS.Reg6CFSA@gov.ab.ca
Leduc Strathcona Services for Children Dayhomes	Monitored licensed family day home child care in the community.
780-986-3993	www.servicesforchildren.ca
L' École Des Petits	Pre-school providing an introduction to the French language through play and learning for 3 and 4 year olds
780-929-5445	Lecoledespetsits.ca
Leduc Regional Parent Link Centre	Programs for parents with children aged 0-6 years. Early childhood development (drop-in & registered play programs), parent education.
780-955-2386	www.leduc-county.com/fcss
Ready Set Grow Preschool	Kindergarten readiness, to stimulate the social, cognitive, intellectual, physical and emotional aspects of each child
780-929-2820	www.rsgpreschoolca
Seeds and Sprouts Childcare	Accredited Childcare Services for children aged 12 months to 12 years. Bus transportation available for schools within Beaumont.
780-737-5510	www.seedsandsproutsdaycare.com
Sunshine Patch Daycare	Accredited Childcare Services for children aged 12 months to 12 years.
780-929-2298	www.sunshinepatch.ca
Southgate Medallion Day Home Agency	Offering monitored high quality contracted child care in the community.
780-438-4012	www.southgatemedallion.com
Tiny Tots Playschool	Non-profit Playschool for children age 3-5 years. Offers morning and afternoon classes.
780-929-2808	Facebook page : Beaumont Tiny tots Playschool
Town of Beaumont Child Care Services	Accredited child care for children 0-5 years, and grade 1 to age 12 at the school age site. Transportation provided to and from school.
780-929-1263	www.beaumont.ab.ca
YOUTH	
Chantal Bérubé Youth Centre	Drop-in Centre for youth aged 12-17. Variety of recreational, educational and preventative programming.
780-929-5155	www.beaumont.ab.ca Facebook: Chantal Bérubé Youth Centre
FCSS Youth Outreach	Support for youth and parents. Issues covered: parent/teen conflict, anger management, self-esteem, and healthy relationships.
780-504-5969	
Youth Empowerment & support Services	24 hr. phone & walk-in service for youth in crisis. Counseling & referral, emergency residential care, food, healthcare & clothing.
780-468-7070 (24 hrs.)	www.yess.org